

Frankston Blues Training Plan 2024/2025

Sunday

	8:00am - 9:30am	9:30am - 11:00am	11:00am - 12:30pm
FBS1	BU14-1	BU18-1	BU18-2
FBS2	BU4-2 & BU14-3	BU16-1	BU18-3
FBS3	BU12-1	BU16-2	
FBS4	BU12-2 & BU12-3	BU16-5 & BU16-4	
FBS5	BU16-3	GU16-3	
FBS6	GU12-3 & GU12-4	GU16-4	
EMC 1	GU12-1	GU14-3	GU16-1
EMC 2	GU12-2	GU14-4	GU16-2
EMC 3	GU12-5 & GU12-6	GU14-5 & GU14-6	
MCL 1	BU12-4	BU14-4	
MCL 2	BU12-5 & BU12-6	BU14-6	
FHS 1	GU14-1		
FHS 2	GU14-2		
CDSC 1	BU14-5 & BU12-7		
CDSC 2	BU12-8 & BU12-9		

Tuesday

	4:45pm - 6:00pm	6:00pm - 7:30pm	7:30pm - 9:00pm
FBS1	GU18-1	SENIOR WOMEN	SENIOR MEN (inc U20)
FBS2	GU18-2		
	4:30pm - 5:45pm	5:45pm - 7:00pm	
FBS3	GU12-2	BU16-1	
FBS4	GU12-3 & GU16-2	BU16-3	
FBS5	FUTURE BLUES		
FBS6			
	5.30pm - 7:00pm		
EMC 1	GU12-1		
EMC 2	GU12-3 & GU12-4		
EMC 3	GU12-5 & GU12-6		
	4:30pm - 6:00pm	6:00pm - 7:30pm	
JUB 1	BU12-1 & BU12-2	GU16-1 & GU16.2	
JUB 2	BU12-3 & BU12-4	GU16-3	
JUB 3	BU12-5 & BU12-6	GU16-4	
	4:30pm - 6:00pm	6:00pm - 7:30pm	7:30pm - 9:00pm
CDSC 1	BU14-1	BU18-1	U18-3
CDSC 2	BU14-2 & BU14-3	BU18-2	
	4:30pm - 6:00pm	6:00pm - 7:30pm	
MCC 1	BU12-7	BU14-4	
MCC 2	BU12-8 & BU12-9	BU14-5 & BU14-6	
	4:30pm - 6:00pm	6:00pm - 7:30pm	7:30pm - 9:00pm
FHS 1	GU14-1	GU14-3 & GU14-4	BU16-2
FHS 2	GU14-2	GU14-5 & GU14-6	BU16-4 & BU16-5

Thursday

	4:45pm to 6:00pm	6:00pm - 7:30pm	7:30pm - 9:00pm
FBS 1	FDDBA PROGRAMS	SENIOR WOMEN	SENIOR MEN (inc U20)
FBS 2	GU18.1 & GU18.2		

TM of team listed on Court 1 at each external venue will be responsible for key collection, handover and return
Entry to the stadium will be via the main stadium entrance, exit via the old entrance (Frankston Stadium)